

84 Fitness Child Care Policies & Procedures

Hours: Mon.-Sat. 9:00a.m. – 1:00 p.m.
Mon.-Thurs. 5:00p.m. – 8:30p.m.

84 Fitness welcomes all children between the ages of 3 months to 14 years of age to our Child Care facility. Our mission is to provide a safe, stimulating environment for your child. We appreciate the opportunity to take care of your child. For the safety of all children please review and follow the Child Care policies below.

- Parents must sign in all children upon entering the babysitting room. Children are not to be left unattended for any reason. A parent must remain in the fitness center at all times.
- **All children using our baby sitting service must have a health and information card on file.**
- Baby-sitters are not responsible for potty training, feeding or diaper changing. Please be sure your child's needs are met before you begin your workout. In the event the child would need changing the parent will be notified. Parents are asked to attend to their child's diaper needs immediately. **Soiled diapers are not to be disposed of at the Fitness Center. Parents are asked to take soiled diapers with them. They may be thrown in the dumpster in the bottom parking lot.**
- Children may bring their own toys- sharing is encouraged. Toys consisting of small removable parts or deemed unsafe by the sitter will be held until parents return.
- Drinks are to be limited to water, juice and milk in sippy cups and bottles for infants and toddlers.
- Food such as crackers, cookies and snack food items are allowed. No lollipops, popsicles, gum etc. Parents should be aware that children might share snacks. Please notify sitter if you do not want your child eating snacks. **If your child has any FOOD ALLERGIES PLEASE ALERT THE CHILDCARE ATTENDANT.**
- All children under 14 must remain in the baby-sitting room. Children under 14 are not permitted in any other area of the Fitness Center.
- Repetitive disruptive behavior will not be tolerated. 84 Fitness reserves the right to suspend child care privileges from any member who neglects the policies.
- **Only member's children are eligible for free babysitting service. A \$3.00 per child per hour fee will be charged for children of non-members.**
- **Please do not bring you children if they are ill.** We do not want our sitter or any healthy children infected by ill children. If they are too sick for school, then they are too sick to come to the Fitness Center. (Please allow 24 hours without fever)
- Children may be left for a **maximum** time period of **2 hours per day**. Ten (10) is the maximum number of children allowed in child care at once with one attendant. If the capacity exceeds 10, another attendant will be called in.
- **Twenty (20) children is the maximum for the child care room at one time. (2 attendants)**
- 84 Fitness is not responsible for lost or stolen items.
- Babysitting Policy Effective 07/05/2017